

# Homeschool Schedule

6.30am - 8am

Breakfast + chill

8am - 9am

Chores + get dressed

9am - 9.30am

Exercise

9.30am - 10am

10am

Snack

10am - 11am

11am - 12pm

12pm - 12.30pm

Lunch

12.30pm - 1.30pm

Downtime

1.30pm - 2pm

2pm - 3pm

Outdoor time

3pm

Snack

3pm - 4pm

4pm - 5pm

Free time

5pm - 6pm

Dinner + tidy up

6pm - 7pm

Bath + bedroom play

7pm - 8pm

Books + bedtime

Emily  
Norris