

28 DAYS

10 MINUTES A DAY

declutter challenge

#DeclutterWithEmily

Spend 10 minutes a day focusing on these specific areas of your home - you'll be amazed at how much you can achieve!

1 Fridge & freezer	2 Pantry (dry food, herbs & spices)	3 Kitchen cupboards (aim for 2)	4 Kitchen drawers (aim for 2)	5 Kitchen work surfaces
6 Under the sink (cleaning supplies)	7 Laundry supplies	8 Sort through any piles of paper	9 File or shred paperwork	10 Desk (work area)
11 Craft supplies (including gift wrap, etc.)	12 Electronics (chargers, cables)	13 Under stairs cupboard	14 Medicines & first aid supplies	15 Bath & shower products
16 Make-up & other toiletries	17 Linen & bedding	18 Towels	19 Bedside tables	20 Clothes
21 Shoes	22 Accessories (jewellery, underwear, etc.)	23 Bags and purses	24 Kids' rooms declutter (surfaces, floor, etc.)	25 Kids' clothes
	26 Kids' toys	27 Books and magazines	28 DVDs, CDs, games	

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